

# NGH Certified Consulting Hypnotist Course

presented by

**Patricia E. MacIsaac, LPN, DNGH, CMI, OB**

## You will learn ...

- ✓ Hypnosis depth testing
- ✓ Speed hypnosis
- ✓ How to hypnotize with a 3-step classical hypnotic induction procedure
- ✓ How hypnosis can be beneficial for you
- ✓ How to properly explain hypnosis to clients
- ✓ How to do a "progressive relaxation" induction
- ✓ How to determine whether your clients are more visual, auditory, or kinesthetic
- ✓ Self-improvement uses of hypnotic, effective suggestions
- ✓ Why hypnotism is a useful adjunct to your practice
- ✓ Applications of hypnosis, including smoking cessation, weight control, and stress management
- ✓ How to set up your practice and build your clientele
- ✓ And much more!

## How to Classify Clients and Make Them Comfortable with Hypnotism

- ✓ Which people make the best subjects
- ✓ When not to hypnotize someone
- ✓ The "dangers" of using hypnosis

## Hypnosis and Anesthesia

- ✓ Medicine and dentistry
- ✓ Uses for medical/dental surgery and childbirth

**Experience a Complete Self-Hypnosis Segment!**  
**Introduction to Hypnotism and Overview of the Field**

- ✓ A look at how hypnosis has helped and is helping various professionals in their work
- ✓ An introduction to the work of the course

## The Use of Tests to Determine Which Types of Hypnotic Induction Will be Most Effective for Each Individual Client

- ✓ Learning to measure how deeply a subject has gone into hypnosis
- ✓ Includes examination of the first step in self-hypnosis

## The Use of Mechanical Aids in Hypnosis

- ✓ Hypnosis for enhancing memory, including techniques for hyper-amnesia and age regression
- ✓ Post-hypnotic suggestion
- ✓ Indirect suggestion
- ✓ Distraction/confusion method
- ✓ Demonstration of some of these aids and techniques

## How to Hypnotize Using an Authoritative Induction Method

- ✓ How to achieve "rapport" with a client
- ✓ Practice using the induction method and the depth tests

## Theoretical Explanation of the Depth Stages in Hypnosis

- ✓ "Negative hallucinations"
- ✓ Examination of the second step in self-hypnosis
- ✓ Practice session – How behavior is created
- ✓ Learning to formulate positive suggestions, reinforcement and encouragement
- ✓ Third step in self-hypnosis
- ✓ Practical exercises using suggestion formulation techniques

## Deepening and Pyramiding Techniques

- ✓ Short history of hypnotism
- ✓ Miscellaneous information, including words to avoid, ethical considerations, keeping records

***Become a certified consulting hypnotist, recognized world-wide***



## COURSE #152

SUNDAY - SUNDAY  
AUGUST 5-12

SESSIONS BEGIN AT 9 AM EACH DAY  
BREAK FOR DINNER  
CLASS CONTINUES

**100 Hours Includes Theory and Practicum, plus Selected Convention Seminars and Workshops, and Guided Independent Study**

*Receive all convention amenities, such as Saturday Night Extravaganza and Awards Ceremony*

**TUITION: \$1,595**

- Explore a whole new career as a highly respected professional
- Learn how to use hypnosis to increase your self-confidence and potential
- Gain self-satisfaction and gratification by helping others
- Make money in a new career for the new millennium
- Master the techniques of visualization and self-hypnosis
- Improve your own life, help others, and open many new doors in an unlimited field

*This course is for anyone who wishes to start a new career or enhance their present career*

## Advance Your Basic Education

Once you have completed the course, you will receive your NGH certification.

Course consists of hands-on practice, case studies, discussions, simulations, demonstrations, role-playing activities, homework assignments, review, and tests.

This course, combined with the convention seminar and workshop attendance, is equal to a 2-semester college course.



**Patricia E. MacIsaac**, LPN, DNGH, CMI, OB, brings over 20 years of nursing experience to her very successful hypnotism practice. She is the owner and operator of South Shore Hypnosis Center in Hingham, MA, and taught hypnosis for the Adult Education Program at Quincy College. A frequent lecturer and facilitator of workshops and seminars, she has been a guest speaker on radio talk shows in the Boston area. She is certified to teach all NGH training courses and is the recipient of the 1993 NGH Meritorious Service Award and the Rexford L. North Award in 2007, as well as twice Certified Instructor of the Year. She was featured twice on the cover of the NGH's *Journal of Hypnotism*®. She is a member of the Order of Braid, NGH Board of Examiners, and NGH Advisory Board.



# Hypnotism Programs for Weight Loss, Smoking Cessation, Weight Control, and Stress Management

- ✓ Complete programs, already successful in dealing with these problems
- ✓ The use of imagery with these programs
- ✓ Includes student practice sessions

## Continuing Education Hours (CEs) Awarded

The CE is a standard measurement for noncredit continuing education programs. One CE is given for each contact hour of participation in this course.

All paid participants who complete the attendance requirements will be awarded Certified Consulting Hypnotist by the National Guild of Hypnotists.

## Testimonials

“Pat MacIsaac was a wonderful instructor. The information taught and shared gave me the utmost confidence in my ability to start my own business immediately! I am so grateful for such a terrific experience. Thanks, NGH!” – *Tracy M. Gromen*

“This is an excellent course presented by an excellent instructor, Pat MacIsaac. Including the price of the conference in the class fee makes a package no one should pass up.” *— Deborah Dockery*

“Patricia is such a wealth of knowledge and an incredible teacher. I feel very confident with my future as a hypnotist. This class, and the NGH, is such a nurturing environment. I would not hesitate to encourage anyone to begin an incredible new career or to enhance your current career with this class.”

“Great course. More than I could have imagined when using my computer to research and think about coming. Highly recommend to anyone looking to learn hypnosis, young or old.” – James S.

Have Questions? Contact Patricia at  
(781) 749-9050 Or email: pat@sshc.net

**Click Here to Register Online**